



# Safety Plan

## Financial Safety

- I can open my own individual bank account at \_\_\_\_\_ bank and try to store money there in case of an emergency.
- I can keep some emergency cash with \_\_\_\_\_, or \_\_\_\_\_ in case of an emergency
- I will set up an appointment and discuss the following with my banker:
  - Changing my passwords/PIN numbers
  - Assigning a password to my account so no withdrawals can be made without a password.
  - Canceling accounts or cards that my abuser has access to and opening new one.
  - Receiving notifications of spending over a specified limit
- If I suspect my abuser may have been/is using my account information inappropriately, I will notify my bank and dispute any unauthorized transactions immediately.
- I will cancel any subscriptions or accounts that my partner has access to manipulating using my financial information.

These subscriptions or accounts need to be canceled:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_